

# Unit Descriptions

Kindermusik®

## Cuddle & Bounce

Cuddle, bounce, and bop with your baby in Kindermusik's newest curriculum. Whether your baby is five weeks or five months, this class will be perfect for you! With age-appropriate activities for newborns, infants and crawlers, this parent-child music and movement class will help you strengthen those early parent-child bonds, understand your baby's development, and heavily focus on child development and communication with your baby. You and your baby will enjoy instrument play, dance, exploration time, and together time—and you'll get expert advice and parenting resources based on the most recent research in baby development.

### Little Red Caboose

All aboard! **Little Red Caboose** is all about—you guessed it—trains, trains, trains! Hitch on up for a chuggity-chugg voyage through train sounds, train movements, train activities, and train songs. Woo-woo!

### Bluebird, Bluebird

Chirp! Tweet! Quack! **Bluebird, Bluebird** is a sound-rich flight (of fancy) into the sky, where you'll explore birds, feathers, and the outdoors.

### Peas & Carrots

Yum, yum, yum. Are you hungry? In **Peas & Carrots**, you'll have fun moving, singing, and playing as you explore snacks, meals, cooking, and mm, mm, eating!

### Rise & Shine

Good morning, sunshine--it's time to start the day! Babies can start their days in all kinds of ways--but the way to make the most of mornings is to establish a loving, predictable, day-to-day pattern. Up and at 'em routines and rituals take center stage in **Rise & Shine!**

### Zoom Baby

Bumpity-bump, zippity-zoom, babies are on the go! This unit is packed with move-move-movement, as spatial development takes focus. Activities that explore distance, speed, placement, reaching, dancing, rocking, bouncing, and wheels-on-the-bus-ing all get baby zoom-zoom-zooming to big smiles in **Zoom Baby**.

### Mama Goose

Nursery rhymes endure for a reason. They're quirky, rhymey, and memorable--and are also magical for speech and language development, as they work to "wire" the brain for communication before speech even begins! What bliss to share something with your child that your parents shared with you--or better yet, to learn and share one for the very first time! Welcome to **Mama Goose**.

## Music Makes My Day

If you think about it, your day-to-day routine is a lot like a piece of music. Ups, downs, repetitions, patterns, fast parts, slow parts, and lots (and lots) of improvising! Music Makes My Day focuses on daily rituals and parts of the day, and gets you thinking about anticipation, improvisation, singing, instruments, new rituals, and other ways to make your same-old routine fun and musical.

## Peekaboo!

A house with a baby is a house full of love. (And fun...and toys...and noise!) Peekaboo! peeks into the "1, 2, 3, punch" patterns of repetition, anticipation, and surprise. Have fun with vocal play, sensory exploration, and learning through play.

## Old MacDonald

Time to tune up baby's listening ears, because we're off to the farm! With a hee-haw here and a cock-a-doodle there--when **Old MacDonald** gets involved, you never know whom you might run into.

## Busy Days

Who says babies have it easy? These sure are **Busy Days**--all around town, with errands here and adventures there, and fun and movement 'til the day is done.

## Nature Walk

Let's explore the wonders and sensations of the outdoors! We'll use our eyes to look all around, and our ears to listen to all of the sounds we hear. Plus, we'll touch, and smell, and move, and play! There's no feast for the senses quite like a Nature Walk.

## Nighty, Night!

It's nighttime, but not quite bedtime yet! Let's use our vision to explore the night. We'll see the moon and the twinkling stars, and say hello to Wee Willie Winkie and the man in the moon! Finally, it's time to get ready for beddy-bye—with bathtime, a little playtime, and then it's time to say **Nighty Night!**